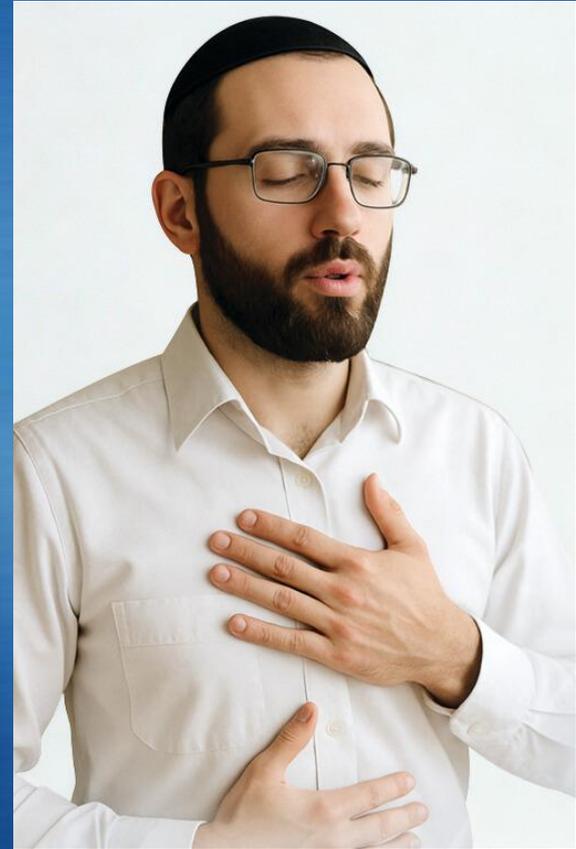




Viktor Frankl
Breathwork
Life-Coaching Program
Week 4

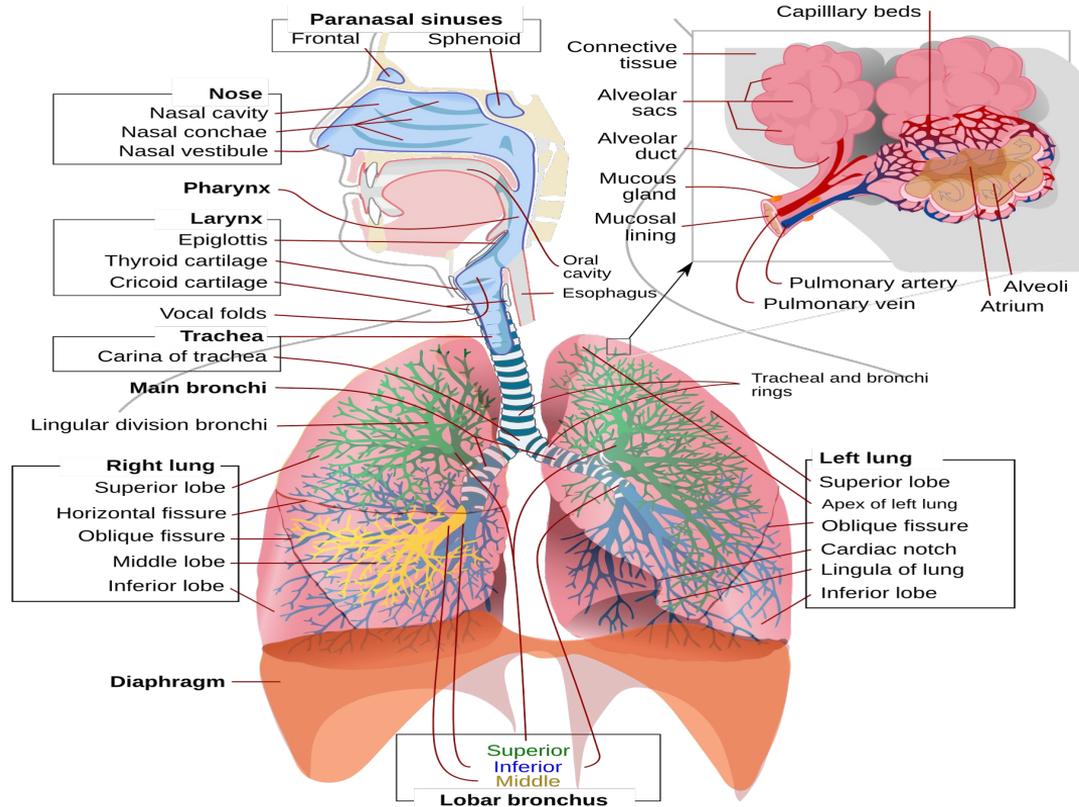


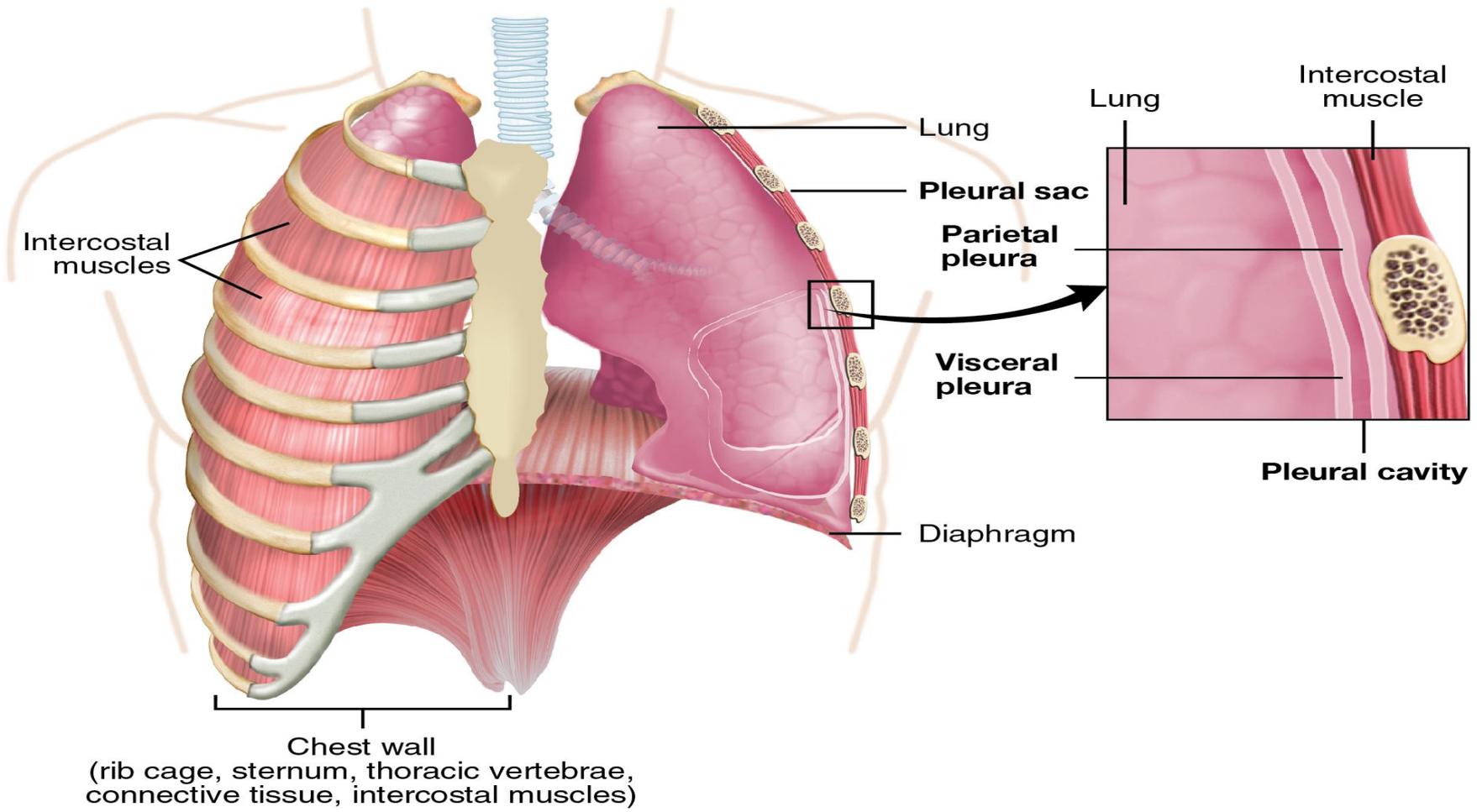


4

The Anatomy of Breathing

Anatomy of the respiratory system





Intercostal muscles

Lung

Pleural sac

Parietal pleura

Visceral pleura

Diaphragm

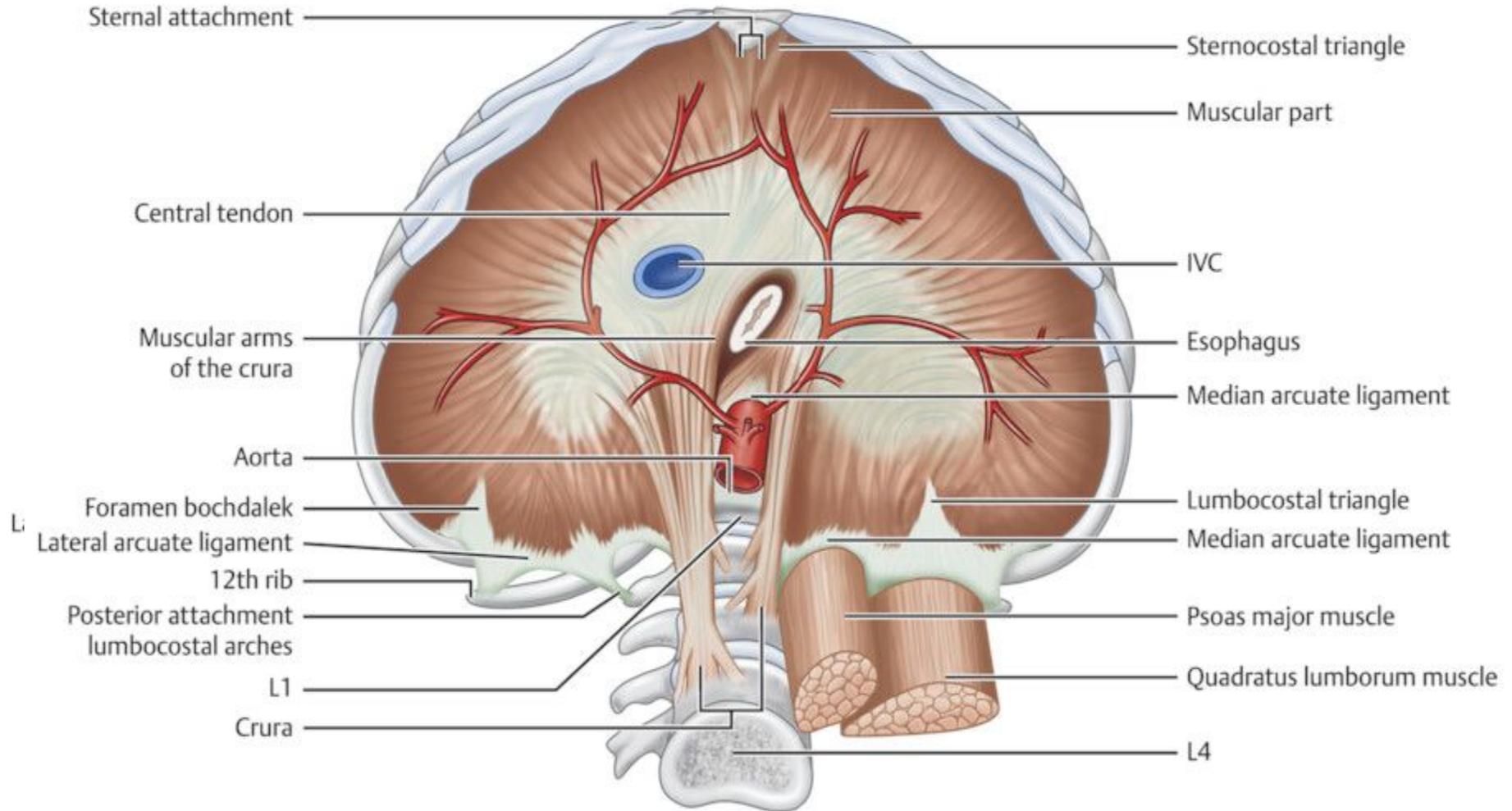
Lung

Intercostal muscle

Pleural cavity

Chest wall

(rib cage, sternum, thoracic vertebrae, connective tissue, intercostal muscles)



DIAPHRAGM IN ACTION!

